

# SO YOU HAVE THE **COLUMBIA PLAN...**

The Columbia Student Health Insurance Plan (the Columbia Plan) covers a broad range of healthcare needs and complements services available on campus through Columbia Health.

It helps to manage the cost of medical and mental health services that are not provided on campus, such as hospitalization, x-rays, prescriptions, specialist visits, etc.

## ... WHAT'S NEXT?

1. Print your Insurance ID from [aetnastudenthealth.com/columbia](https://aetnastudenthealth.com/columbia) using your UNI and date of birth.
2. Make a primary care appointment with Medical Services or initial appointment with Counseling and Psychological Services before seeking off-campus care.
3. Have a referral from Columbia Health? Find an off-campus provider with Aetna DocFind at [aetnastudenthealth.com/columbia](https://aetnastudenthealth.com/columbia).



Download the Aetna Student Health App to access your insurance card, find an off-campus provider with a referral, and learn about all your benefits.



# WHAT DO YOU GET IN THE PLAN?

1. \$0 deductible. You don't have to spend a dollar on healthcare expenses before coverage kicks in.
2. \$15 generic, \$50 preferred brand, \$75 non-preferred brand prescription co-pays, including PrEP/ PEP and acne medication. There is no co-pay for generic contraception.
3. \$30 co-pay for off-campus medical visits and \$20 co-pay for off-campus mental health visits, with a referral from your on-campus provider. There is no co-pay for on-campus medical and mental health visits.
4. 10% co-insurance for off-campus services such as lab tests, x-rays, etc.
5. \$60 Urgent care visits, \$150 ER visits.
6. Coverage while traveling through On Call International if more than 100 miles from campus.
7. ...and much more. Visit [aetnastudenthealth.com/columbia](https://aetnastudenthealth.com/columbia) for a full list of your benefits.

## STILL HAVE QUESTIONS?

**Morningside campus:** please email [studentinsurance@columbia.edu](mailto:studentinsurance@columbia.edu), call 212-854-3286, or visit John Jay Hall 3rd Floor.

**Jewish Theological Seminary:** please email [hrdept@jtsa.edu](mailto:hrdept@jtsa.edu) or call (212) 678-8014.

**Teachers College:** please email [health-immunization@tc.edu](mailto:health-immunization@tc.edu).

**Union Theological Seminary:** please email [studentaffairs@uts.columbia.edu](mailto:studentaffairs@uts.columbia.edu).

# HOW TO USE THE COLUMBIA PLAN

## **Primary medical and mental health care:**

Your care starts at Columbia Health Medical Services and Counseling and Psychological Services (CPS).

Make an appointment with Medical Services via [secure.health.columbia.edu](https://secure.health.columbia.edu), by calling 212-854-7426, or in person at John Jay Hall 3rd Fl., or with CPS by calling 212-854-2878.

***Referrals are mandatory*** for most off-campus services (not including urgent care and ER). If you need to see a specialist or access long-term mental health care, your clinician at Columbia Health will provide you with a referral. If you receive healthcare services without a referral, you will be subject to higher fees. Columbia Health cannot issue referrals after you have received off-campus care.

To locate in-network Aetna providers (after you receive a referral), visit Aetna DocFind at [aetnastudenthealth.com/columbia](https://aetnastudenthealth.com/columbia).

For off-campus care, make sure you have your insurance card with you and expect to pay your off-campus specialist co-pay.

**For urgent medical concerns**, call 212-854-7426.

**For urgent mental health concerns**, call 212-854-2878.

**For sexual assault**, call reach a survivor advocate at 212-854-HELP/4357.

All numbers are available 24/7.

If you need to be seen immediately, find the nearest urgent care or ER. Make sure you have your insurance card or the Aetna Health app with you.

Mount Sinai St. Luke's Hospital on 1111 Amsterdam Ave. at 113th St. is the nearest medical and mental health ER from the Morningside campus.

**To fill a prescription:**

Your Columbia Health provider will electronically send your prescription to a nearby pharmacy of your choice. Make sure you have your insurance card or the Aetna Health app with you when you pick up your medication and expect to pay your pharmacy co-pay.

**While travelling:**

If you are on your trip and have an emergency, please contact On Call International's 24/7 Global Response Center at (800) 407-7307, (toll free in the U.S. or Canada), or (603) 898-9159 (collect from anywhere in the world) or visit [aetnastudenthealth.com/columbia](https://aetnastudenthealth.com/columbia).

***The Columbia Plan and Your Dependents***

If you have a spouse or domestic partner as an enrolled dependent, they must receive their primary care on campus at Medical Services. They do not require a referral for mental health services. Dependent children cannot be seen at Columbia Health regardless of age; they can access off-campus care without a referral at any time.

***Making the most of your Columbia Health resources:***

You have access to all the services offered by Columbia Health, not just Medical Services and Counseling and Psychological Services. Visit Alice! Health Promotion for custom programs to help you care for your overall health and well-being; Disability Services for accommodations and support services to facilitate equal access to academic programs; and Sexual Violence Response for outreach, advocacy, and resources for survivors of sexual violence.

**In an emergency:**

On Campus - Call 212-854-5555.

Off Campus - Call 911.