

# Columbia University Morningside Consent Form

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**Attached to Protocol: IRB-AAAC7884**

**Principal Investigator: Samuel Seward Jr.**

**(sls2109)**

**IRB Protocol Title: Evaluating the Effectiveness of a Brief, Online Intervention to Prevent High-Risk Alcohol Use Associated with 21st Birthday Celebratory Drinking**

**Consent Number: CF-AAAF4608**

**Participation Duration: 15 minutes**

**Anticipated Number of Subjects: 1200**

## **Contact**

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<u>Contact</u>	<u>Title</u>	<u>Contact Type</u>	<u>Numbers</u>
Melissa Kenzig	Director, Health Promotion and Comm.	Administrative	Telephone: 212-854-8822

## **Research Purpose**

The purpose of this research is to examine beliefs, expectations, and behaviors centered around the celebration of student's 21st birthday.

## **Information on Research**

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Health Services at Columbia University is conducting a short survey about student expectations, beliefs and experiences when drinking while celebrating their 21st birthday. We are asking that all students who are turning 21 participate. This web-based survey will consist of 7 questions and will take a few minutes to complete. From this survey, we hope to gain a better understanding about drinking behaviors of students of Columbia University. The results will help to measure perceptions, expectations, and behaviors about drinking and design programs and strategies for interventions.

## **Risks**

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This brief interview deals with some potentially sensitive information about your own and others use of alcohol. If you would like to speak with someone about these issues, please contact Health Services.

This survey deals with sensitive information regarding your use of alcohol. If you would like to speak with someone about these issues, please contact Health Services.

## **Benefits**

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The results of this study may benefit the campus community by providing Health Services with new

programs to reduce high risk drinking on campus. Additionally, participants will receive a link to a printable voucher to be used for a one time food discount at a local merchant.

### **Alternative Procedures**

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We are not aware of any alternative study concerning this issue. The alternative is not to participate.

### **Confidentiality**

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This survey is confidential. You will not be asked to put your name or other identifying information on the survey. The study records are kept strictly confidential at all times, and no individual identities will be used in any reports or publications resulting from this study. Only study personnel will have access to the files, and individual results will not be shared with anyone. Although every reasonable effort will be made to protect the confidentiality of your records, such protection cannot be guaranteed. By law, representatives of the sponsoring organization, Columbia University's Institutional Review Board (IRB), and other regulatory authorities may inspect these records. All personal information made available for inspection will be handled in the strictest confidence and in accordance with data protection laws.

### **Additional Costs**

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There are no costs to you for participating in this study.

### **Voluntary Participation**

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Participation in this study is voluntary. Refusal to participate will involve no penalty or loss of benefits to which you are otherwise entitled. Likewise, if you elect to participate in this study, you may discontinue your participation at any time without penalty or loss of benefits to which you are otherwise entitled.