

Columbia University Morningside Consent Form

Attached to Protocol: IRB-AAAA9036

Principal Investigator: Samuel Seward Jr.

(sls2109)

IRB Protocol Title: The National College Health Assessment: Examining the health status of Columbia University students on the Morningside and Medical Center campuses

Consent Number: CF-AAAI4255

Participation Duration: 20-30 min

Anticipated Number of Subjects: 25000

Contact

<u>Contact</u>	<u>Title</u>	<u>Contact Type</u>	<u>Numbers</u>
Michael McNeil	Director	Co-Investigator	Telephone: 212-854-5453
Jane Bogart	Director for Student Wellness	Co-Investigator	Telephone: 212-304-5564

Research Purpose

The National College Health Assessment (NCHA) is a national, non-profit, research effort organized by the American College Health Association (ACHA) to assist colleges and universities in collecting data about the health of their students. The ACHA-NCHA contains questions that assess health status and health problems, risk and protective behaviors, access to health information, impediments to academic performance, and perceived norms across a variety of content areas including: injury prevention, personal safety and violence; alcohol, tobacco, and other drug use; sexual health; weight, nutrition, and exercise; and mental health. This assessment will allow Columbia University administrators to evaluate programs and services and set public health goals for the campus.

Information on Research

The Columbia University Student Health Service and the Columbia University Medical Center Student Health Service are conducting a survey about students' health. We are asking that all Columbia University students voluntarily participate. The web-based survey will ask you a series of questions about your health status and beliefs, and will take approximately 20 to 30 minutes to complete. From this survey, we hope to gain a better understanding of the health behaviors of students at Columbia University. The results will help to: generate incidence rates for a variety of health issues; plan programs; prioritize student needs; allocate resources; design programs or strategies for intervention; identify protective and risk factors to academic performance; and measure progress on the national health objectives.

The ACHA-NCHA deals with sensitive behavioral information, including use of illegal substances, experiences with harassment and violence, sexuality, and personal health problems. Should you have feelings of embarrassment or general emotional discomfort, or the survey may require some participants to remember difficult life experiences, please note that all responses to the survey are kept completely confidential. Columbia University will never be able to individually identify any participant. If you would like to further discuss any of the issues, subjects, or topics covered in the survey, please contact the Health Services on your campus for assistance or referrals to the proper agencies.

Benefits

Your participation in this study is voluntary will assist university administrators in assessing and improving campus resources and services for you and other students.

Risks

The ACHA-NCHA deals with sensitive behavioral information, including use of illegal substances, experiences with harassment and violence, sexuality, and personal health problems. While completing the survey, you may have feelings of embarrassment or general emotional discomfort. If you would like to speak with someone about these issues, please contact the health services on your campus.

Confidentiality

The survey is confidential. You will not be asked to put your name or other identifying information on the survey or any official documentation of this research. The study records are kept strictly confidential at all times and no individual identities will be used in any reports or publications resulting from this study. Only study personnel will have access to the files, and individual results will not be shared with anyone. Although every reasonable effort will be made to protect the confidentiality of your records, such protection cannot be guaranteed. By law, representatives of the sponsoring organization, Columbia University's Institutional Review Board (IRB), and other regulatory authorities may inspect these survey records, but not individual responses to the survey. All personal information made available for inspection will be handled in strictest confidence and in accordance with data protection laws.

Alternative Procedures

We are not aware of any alternative study concerning this issue. The alternative is not to participate.

Compensation

You will not receive any payment or other compensation for participating in this study. However, all participants will be entered to win one of four \$200 certificates for the airline ticket of your choice. In addition, every person to complete the survey will be entered into a random drawing to win one of more than 100 gift certificates for the University bookstore.

Additional Costs

There are no costs to you for participating in this study.

Voluntary Participation

Participation in this study is voluntary. Refusal to participate will involve no penalty or loss of benefits to which you are otherwise entitled. Likewise, if you elect to participate in this study, you may discontinue your participation at any time without penalty or loss of benefits to which you are otherwise entitled. Your responses are important and we hope that you will agree to participate. However, you are under no obligation to participate if you so choose.

Additional Information

If we do not receive the completed survey within one week, ACHA will contact you again to participate or to determine if you need another survey. You may be contacted up to four total times regarding participation in this survey.

If you have any questions or concerns about the study, you may contact Michael McNeil (212-854-5453, mm3117@columbia.edu) at the Morningside Campus or Jane Bogart (212-304-5564, jb925@columbia.edu) at the Medical Center.

If you wish to talk about any health concerns you have, please contact the Health Service on you campus:

Morningside campus: www.health.columbia.edu or 212-854-2284

Medical Center: <http://www.columbiahealth.info> or 212-305-3400

If at any time you have questions or concerns about your rights as a research subject, please contact the Columbia University Morningside IRB at 212-851-0740 or 212-851-7044 (fax) or email askirb@columbia.edu

Signature

Study Participant

Print Name _____ Signature _____ Date _____